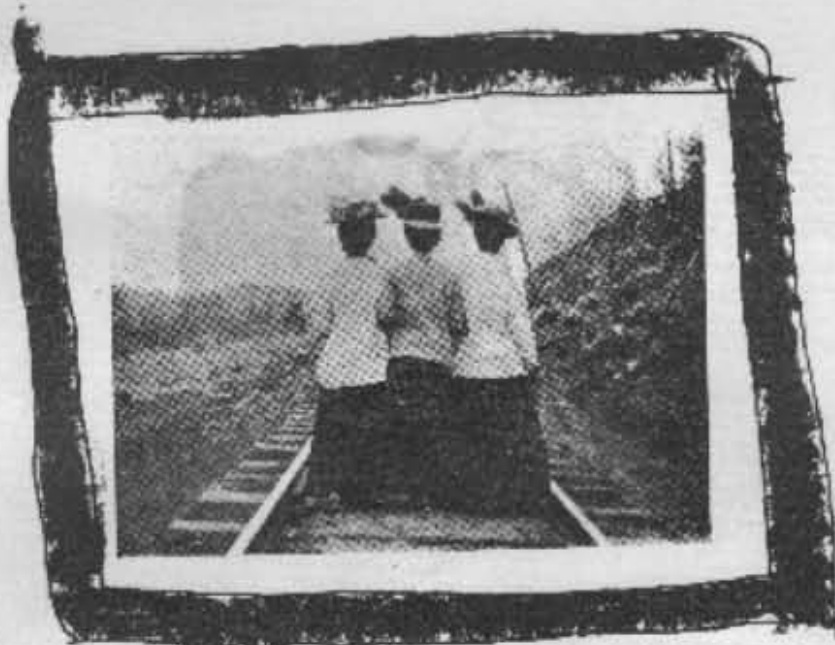




THE WOMEN'S CENTER



REGISTRATION = POTLUCK DINNER

Rather than holding the first Women's Liberation meeting of the year in a stuffy old room, we thought an outdoor pot-luck dinner would be far-out (so to speak). Tables will be set up there for registration for the classes outlined in this booklet. Spaghetti and cold drinks will be provided, but pot-luck means bring food! So salads, bread, and desserts are up to you. If you can't make it, you can sign up for classes anytime at the Women's Center (third floor of the Clubhouse).

This one's co-ed!

THURSDAY, OCTOBER 7th
5:30 pm
INTERNATIONAL CENTER (Backyard)
(next to Tresidder Union
on the Stanford Campus)

THE WOMEN'S CENTER IS LOCATED ON THE THIRD FLOOR OF THE CLUBHOUSE (OLD UNION COURTYARD) NEAR TRESIDDER UNION ON THE STANFORD CAMPUS). PLEASE STOP BY OR CALL US AT 321-2300 x3114 (AND ASK FOR THE WOMEN'S CENTER).

WE WOULD LIKE TO THANK THE STANFORD Y.W.C.A. BOARD FOR ASSISTING US IN THE PRODUCTION OF THIS BOOKLET.

WOMENS GROUPS

There will be an organizational meeting for all women interested in joining a women's group. The date will be announced at the Pot Luck dinner (see last page). Depending on the interest we foresee women's rap groups, action groups, and study groups.

ON MAO-TSE TUNG THOUGHT

This is a course which will not be "taught" but where women can learn together what China's leader has written. No "experts" - just us. The first meeting will be Monday, October 11th at 7:30 pm in the Women's Clubhouse.

Betsy Walker

RUCHELL MAGEE DEFENSE COMMITTEE

Getting together an interested group of women to build a defense committee for Ruchell, raising funds and getting out information on the case. First meeting Thursday, October 14th at 7:30 pm in the Clubhouse.

Gerry Foote

U.S. IMPERIALISM AND THE WOMEN'S MOVEMENT

We will study and discuss the effects of the imperialist system on women within the mother country as well as our sisters abroad, including study on U.S. imperialism in general, and our role as women in the struggle against it. First meeting, Thursday, Oct. 14th, 7:30 pm in the Clubhouse.

Leslie Rabine

ONCE A WEEK LUNCH

Bring your own lunch to a discussion focused on exchanging opinions with professional women. Each lunch will focus on a different topic to be presented by invited guests. Among these guests will be Dr. Eleanor McCaby, Dr. Sandra Bem, Prof. Anne Mellor, Anne Miner, and Dr. Judy Poole.

The group will meet Thursdays at noon in the Clubhouse.

FOR WOMEN WITH AN INTERNATIONAL INTEREST

The International Center offers a program for foreign women who want to improve their English conversation. Volunteers are welcome to help with this program. Call the Community Committee for International Students at 321-2300 ext. 4181.

LEGAL RIGHTS AND WOMEN

A woman lawyer will discuss property problems, employment problems, exceptions in the law, laws involving women's bodies (rape, social security, draft, jury service), also domestic problems.

The first meeting will be Monday, October 11th, 7:30 pm, in the lower lounge of the Clubhouse; two hour sessions.

Joan Bradford (591-3135)



SELF-AWARENESS THROUGH LITERATURE

Two novels, The Good Soldier and The Golden Notebook, will be used as a basis for discussion where women may find insights into their own realities. The novels deal with individuals in conflict with social convention.

The class will meet one morning a week Tuesday, Wednesday, or Thursday 9-12, or Thursday 1-4 pm. The class will begin September 14, 15, and 16. Call the women's center for place.

Jean Shutes

INTER-RACIAL DISCUSSION GROUP

Working together to experience personal social growth in an inter-personal inter-racial context. First meeting Thursday, October 14th, 7:30 pm, in the Clubhouse (second floor).

Helen Schrader
Annie Lyles
Betty Lin



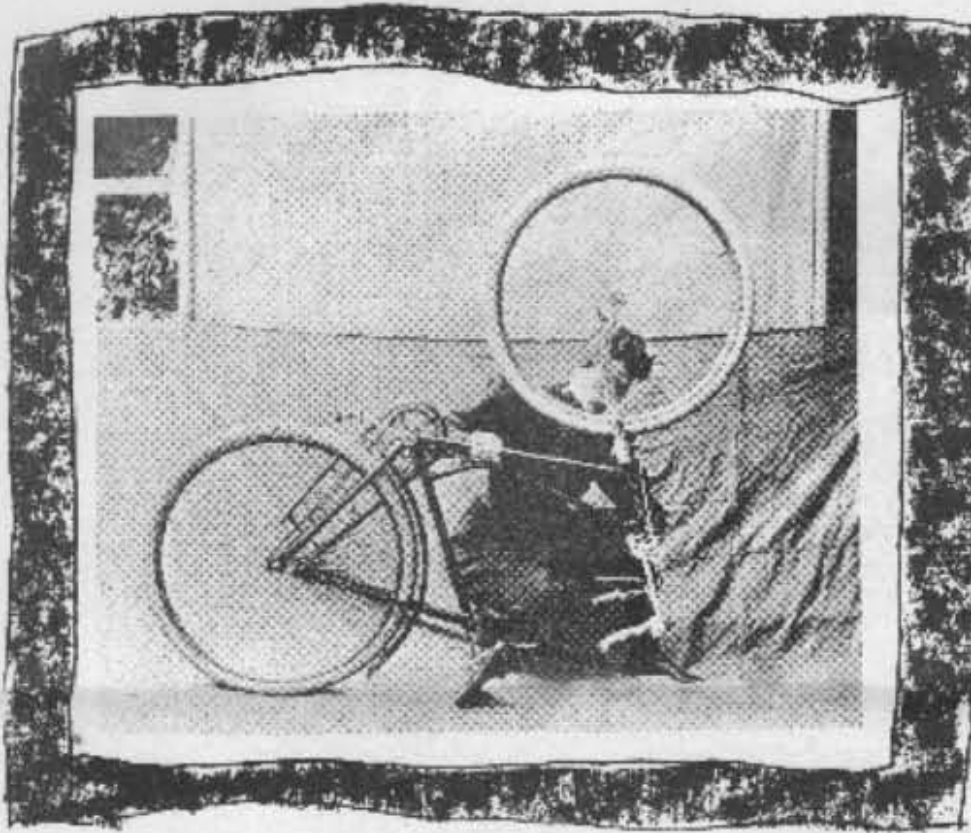
INTRODUCTION

The Women's Center grew out of a group of Stanford women who began to discuss the needs among the women of the Stanford community - employees, students, wives and the Palo Alto community at large. We felt that our job at the Women's Center was to somehow reach out to serve these needs. So far the Center has served as a resource and information center, a place where women meet, and out of which women can coordinate their activities.

This booklet describes the courses that will take place this fall. The classes fall into two categories - some of them will teach us skills that we want and need to acquire, the others will deal with our identity and history as women. These groups will meet at night, during lunch hours, on weekends, so that all women can take part. Men may join classes, but women will be given priority.

In the past two years, the Stanford YWCA has seriously questioned its role and where it can put its service to work. The final opinion was that the Y must be action oriented. The new direction is to implement working with the Women's Center, co-ordinating volunteer work and supporting individual and collective projects of a wider scope. The Y's hope is to be of service to the Stanford and Palo Alto community.

So, we have some basics: a place, some general information, books and articles. By working and learning together, we can develop trust and friendship among our sisters. We can gain the strength to work and move together, challenging the existing institutions and beginning to create new ones.



HOME REPAIRS

To learn some of the ways to fix plumbing, fuse, drain, washing machine, and bicycle problems. The first meeting will be Wednesday, October 13th at 7:00 pm in the second floor of the Clubhouse.

John Westsmith (851-0166)

SELF-DEFENSE FOR WOMEN

A continuing class for women. It will open up to new comers on October 13th at 5:30 to 7:30 pm in the Clubhouse. Attendance on the first day is necessary to join the group.
Glonda Jones

MEDICAL PROBLEMS OF WOMEN

With the help of Dr. Toni Hood (and perhaps others), this group will discuss different topics - contraception, abortion, V.D., proper nutrition, etc. The direction of the class will depend upon the group.

First meeting Tuesday, October 12th, at 7:30 pm in the Clubhouse (third floor).



BREAD BAKING

The aim of this course will be to provide simple first principles, information, inspiration, and opportunity to acquire the practical skills that go into baking structurally, nutritionally, and aesthetically sound bread. We will discuss the nature of the raw materials of baking: sugars, shortenings, flours, spices, and leaveners, and their function in the structure of bread. Each week we will bake a different kind of bread, including unleavened, quick, sour dough, yeasted, whole wheat, rye, oatmeal, and barley, rich egg and sweet coffee breads. Consideration of the economics, nutrition and aesthetics will be an important part of the class.

We will meet once a week; usually for 2 - 3 hours. The class members will share the cost of supplies, probably \$4 to \$5 each.

Sue Covey (327-1390)

BASIC AUTO CARE AND REPAIR

This group will deal with flat tires, oil changes, general upkeep and operation of cars. First meeting Saturday, October 9th, at 1:00 pm in the Clubhouse.

Martha Kester (325-8664)

